

# MONTGOMERY COUNTY RECREATION 2021 SPRING ADULT SOFTBALL COVID-19 HEALTH AND SAFETY RULES & GUIDELINES

Montgomery County Recreation values the health and wellness of all our participants, contractors, and staff. In accordance with the Governor's and County Executive's orders, Center for Disease Control guidelines and the Montgomery County Recreation Outdoor Recreation Programs COVID-19 Health and Safety Guidelines we have set forth the following rules and guidelines for softball league play. These rules and guidelines are designed to mitigate any potential spread of COVID-19 within our community. Please visit <https://www.montgomerycountymd.gov/covid19/orders.html> to see the latest County Executive order.

## General Rules and Guidelines

### Physical Distancing

- All persons should practice physical distancing of six feet wherever possible from individuals not residing within their household.

### Face Coverings

- All persons over the age of 2 years old are required to wear a face covering when leaving their residences and likely to come into contact with another person.

### Hand Hygiene

- Wash your hands often with soap and water for at least 20 seconds, after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry.
- Players, coaches, and umpires are encouraged to wash their hands at home prior to and after attending a program and bring their own hand sanitizer for personal use.

### Bathrooms

- Bathrooms may not be available at the fields. Please plan for them not being available for use and plan accordingly.

### Congregating and Spectators

- Teams are limited to bringing a total 24 people, including players, coaches and those needing guardianship.
  - No spectators are permitted except for children needing guardianship due to childcare issues.
- Teams are responsible for ensuring adherence to health and safety guidelines for all players, coaches and those needing guardianship associated with their team.
- Congregating both before and after the program either in the program sites or the parking lots is not allowed.

## Rules and Guidelines for Game Day and the Field-of-Play

### Pre-Arrival Participant screen

- All participants should self-check for symptoms related to COVID-19 prior to attending the program. If exhibiting symptoms, possibly exposed, or have encountered someone recently diagnosed with COVID-19, please do not attend your games.

### Equipment

- Players should avoid sharing equipment when possible by using their own equipment. It is suggested that batting gloves be worn on both hands, during offensive and defensive play.
- When equipment must be shared it shall be cleaned and disinfected after each use with a Recommend use of EPA-registered household disinfectant.  
(<https://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2-covid-19>)
- Balls shall be supplied to the umpire still in the wrapper or box.
- CoRec will still exchange game balls with the Pitcher.
- Umpires should limit their contact with the ball, and catchers should retrieve foul balls and passed balls when possible.
- Foul balls landing outside the field of play should be retrieved by participating players, coaches, and umpires.
- Used balls or back up balls should be wiped down/ disinfected by the teams before game use or when the ball goes out of play prior to returning to game use.
- Players are recommended to bring their own marked water containers or non-alcoholic fluids.

### Pre-Game

- All players, coaches, and umpires are required to wear a face covering.
- All persons over the age of 2 years old must wear face coverings.
- Players, coaches and umpires shall maintain a physical distance (at least six feet apart) on and off the field, before and after games. Avoid the use of the dugouts and teams are encouraged to spread out in outside areas around the dugout.
- Teams/players should not enter the dugout and outside area until the other team has completely cleared out.
- Warm-ups may take place on the field just before your game starts as long as the previous games are completed, and teams have completely cleared out of the dugouts and fields.
- Bats: should be laid outside of the dugout, for pregame inspection. Please make sure that the sanctioning stamp on the bat is visible for umpire's view. The umpire can review bat(s) any time during the game.

### Pre-Game Meeting

- One coach per team will conduct a pregame meeting at home plate, requiring 6 feet physical distancing during ground rules. Coaches and umpire are required to wear face coverings during pregame.

### Game Play

- All players, coaches and umpires are required to wear a face covering.
- All persons over the age of 2 years old must wear face coverings. The catcher and umpire shall position themselves during a player's at-bat to meet the physical distance requirements.
- Only one On-Deck Batter (for warm-ups) is permitted inside the fenced field at a time and should be over 6 feet from the batting area. No additional offensive players (except the batter, base runners or base coaches) are permitted on the fenced field.

- Base coaches should distance themselves appropriately (6') from baserunner and defensive players.
- It is recommended to use hand sanitizer frequently throughout the game.
- All players and coaches are to refrain from spitting.
- Pregame/during game play/post-game handshakes, high fives, homerun celebrations or team huddles are not allowed.

#### Post-Game

- Please take all your trash and belongings with you.
- Players and coaches should vacate the field/facility as soon as is reasonably possible after the conclusion of their game.
- Do not congregate in the parking lot or other areas at the field.

#### COVID Positive

- If a player, coach or umpire is diagnosed with is a confirmed COVID-19 case or is exposed to a confirmed case of COVID-19, immediately contact Recreation Supervisor, Kristofor Sewer by calling 240-475-5456.

#### Failure to Observe Safety Rules and Recommendations

- The safety and wellness of our participants, contractors and staff is paramount and we need your help to keep everyone safe. Staff and umpires will work together to educate players and spectators with reminders when appropriate.
- Those who refuse to comply with the safety rules may receive the following:
  - Verbal Warning
  - Player Ejection/ Suspension
  - Forfeiture of Game
  - Removal from League
- League schedules will be adjusted if teams are removed or forfeit and if enough permitted field time remains for make-up games.

Updated 3/15/2021: The information contained in these rules and guidelines is subject to change as we acquire more information or as the health situation changes.